



CHEN TAIJI BERN

Stundenplan 2019

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
06.00 – 07.00					
09.30 – 10.45				09-30–10.30	Taiji A B
				Taiji Generation +	
12.00 – 14.00			12.15-13.30 Taiji A B		
13.45 – 14.45					
16.00 – 17.00			Kungfu Kids		
17.00 – 18.00			Kungfu Jugend +		
18.00 – 19.15	Taiji B	Taiji A	Taiji A B		
19.15 – 20.30	Taiji A	Taiji B	Taiji Qigong	Taiji A B	
20.30 – 21.45		Baji		Baji	

Taiji A: Kurzform (13er) **Taiji B:** Lange Form (Laojia Yilu)